Hoonah Schools Newsletter

May 2016

Kayaaní Dísi: the month when grass starts to sprout



Hoonah High School Class of 2016 Graduates

Congratulations to the Hoonah High School Graduating Class of 2016 (pictured above, L to R: Sam Sheakley, Tony Phillips, Morgan Stevenson, Jordan McLuckie, Raymond Osborne and DongQiang Liu.) The graduates were awarded their diplomas on May 19th. Class speakers were Salutatorian Jordan McLuckie and Valedictorian Morgan Stevenson. The Commencement speaker was Amelia Wilson. The graduates received scholarships and gifts, including quilts made by the Youth Center staff and presented by middle school students. See page four to find out about their plans for after high school.

Canoe Journey

Goodáx aa yaakw sáwé? (Where is this canoe from?) Mrs. Fuller's first & second graders performed a skit about a canoe journey during the Ku.éex' this year. The voyagers stopped to pick berries and to fish, singing as they went. Arriving at their destination, they were met by a greeting party, who invited them to "Yándei gaxyeekoox!" (Come ashore!)

✓ Mark your calendars: the first day of school for the 2016/17 school year is Wednesday, August 17th. Have a great summer, everyone!





Superintendent's Message

From PJ Ford Slack

Gunalchéesh to all of our Families and Community Members:

Thank you for all your help and support this year. All of our staff appreciate our volunteers. If you would

like to volunteer next year, please contact the principal during the summer or when school starts. He will be able to tell you about the opportunities available.

I hope everyone will welcome our new principal Mr. Ralph Watkins and his family when they arrive in July. They are excited about joining the Hoonah community.

Please thank Mrs. Lorrie Scoles for her leadership as a school principal. Being a principal is never easy and Mrs. Scoles put her extensive knowledge and care into her job. Next year, she will be a master teacher helping students in our school library, state testing, and with all on-line classes.

Please welcome Mrs. Sheryl Ross to Hoonah. Mrs. Ross will be our Special Education Director and Special Education teacher. She will be assessing our current levels of service to our students and providing needed, daily expertise in working with our teachers and para-educators. Ms. Heather Wheeler will continue to work with us in a support position as we get ready for our monitoring visit in January 2017.

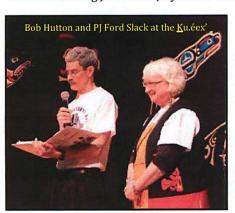
Many thanks to Veronica Dalton and Carrie Lindoff for their many years of service to the Hoonah P.A.T. program. That grant has now ended and we are looking for other opportunities to utilize these outstanding educators.

Thank you to Ray Howard for his years of service to feeding our students and families. He is our bread man and we are going to miss him a great deal.

Next year we will be looking for creative ways to support our music program. Our teachers are looking at many different ways to incorporate new electives into a school day.

Have a safe and wonderful summer. Our school secretary, Ladonna Dybdahl, and new principal Ralph Watkins will post updates for fall registration on our website, Facebook, and local bulletin boards. As soon as we know how we are getting our students to Glacier Bay for the ceremonies opening the Tribal House, we will let you know.

The school office will be on limited hours this summer. Starting June 15 to July 25 the office will be open



four days a week from 9-2PM. This allows staff to close out the year and prepare for next school year. We can't wait to see you in the fall!!! BE SAFE and HAVE FUN. Dr. Pl

Board President's Letter

From Bob Hutton

The board would like to thank Shawna Howland, who volunteered to temporarily fill the seat left vacant by the resignation of Trevor Hill. Shawna was sworn in during our special meeting on April 11th (pictured below.)

Welcome, Shawna!

Our Strategic Planning Committee met again with our facilitator Jerry Covey on April 30th to draft an action plan to accomplish the goals that we set for the school during our



March workshop. The committee has now completed the final stage of the plan that will soon be presented to the board for approval. This is a five-year plan designed to improve our school so that we can better serve our students.

Many hours of hard work went into our Strategic Plan. I would like to thank the following committee members who generously gave of their time: Jennifer Bidiman, Terri Budke, Jeremiah Byers, Genevieve Cook, Jackie Dick, Marlene Duvall, Jamie Erickson, Sophia Henry, Ben McLuckie, Patrick Malone, Anasia Neal, Dr PJ Ford Slack, Cora Roberts, Lorrie Scoles, Kristi Styers and Daphne Wright.

The board has planned two special meetings to work on policy during early June. Our policy manual was fully revised last fall and we hope to complete the adoption of those revisions before the new school year begins.

Unfortunately, a joint session with the board and the HCS Student Government that had been planned for May 17th had to be postponed. The board looks forward to hearing student concerns at a joint session early in the fall.

The board has scheduled a retreat on August 5th and 6th to evaluate Superintendent Dr. PJ Ford Slack, to do a board self-evaluation, and to set board goals for the next school year. Jerry Covey will again serve as our facilitator.

As always, I would like to encourage anyone with concerns about the school to email me, Bob Hutton at huttonr@hoonahschools.org or call or text me on my cell phone (907-209-0996). Gunalchéesh!

Members of the School Board
Bob Hutton, President
Sally Dybdahl, Vice President
Sandy Howard, Secretary
Anasia Neal
Shawna Howland
Jordan McLuckie, Student Representative



Principal's Message from Lorrie Scoles

Dear Hoonah Families,

I want to express my sincere appreciation to the staff, students, and families of

Hoonah City Schools for all their efforts this year. This has been a great year of learning, both academically and socially. Such growth could not happen without all of us working together.

Thank you to the teachers for making learning happen for each student.

Thank you to the paraprofessionals for supporting our students in the classroom, in the lunchroom, on the playground, in the halls and in the community.

Thank you to the cooks for feeding us healthy meals that are delicious.

Thank you to the volunteers for helping out in classrooms, at activities, on weekends and evenings.

Thank you to our families for making sure your students are ready for a good day at school.

Thank you to the School Board for giving us clear goals and direction.

Thank you to the maintenance and custodial staff for taking such good care of our school and being there when we need you.

Thank you to our District Office staff for providing the systems that make our school run smoothly.

And thank you to our community for supporting their Hoonah City Schools.

Next year promises to be another great year. The front office will reopen August 1 and the student's first day of class is August 17. Our new principal, Ralph Watkins, will be here to answer your questions and register high school students. It has been an honor to be the principal of Hoonah City Schools again this year. I've enjoyed my time working together with all of you. Ted and I are not moving from Hoonah. In fact, I look forward to supporting the students of HCS in my new role.

I wish everyone a wonderful summer with time for rest, a change of pace, and good family time.

Lorrie

Goodbye and Gunalchéesh

Not only are the graduating seniors leaving our halls this year, we are also saying goodbye to several staff members. We thank all of these people for the time and effort they have put into our school and our students. We wish them well in the next chapter in their lives.

Nhung Dinh has been our Test Coordinator, middle and high school art teacher and counselor this year.

Bonnie Harris has taught high school band, and Language Arts teacher for both middle and high school.

Ray Howard has been one of the cooks in the cafeteria for quite a few years, both as a volunteer and as a paid employee.

Kendra Hill has worked at Hoonah Schools as an instructional aide in both elementary and secondary.

Veronica Dalton has been a member of the Parents as Teachers program, and has also worked as an instructional classroom aide.

Carrrie Lindoff has been a member of the Parents as Teachers program and will now be moving on to Headstart.

Ben McLuckie has been a teacher here since 1992. He has taught math, science, computer tech, robotics and all things "techie"! Ben has brought science and engineering to life for many of our students with the robotics program; he has taken teams of Hoonah kids to various robotics competitions through the years.

Stephanie Harold has also taught at Hoonah Schools since 1992. She has taught High School English, Art, Spanish and World Cultures. She can also be credited with putting placebased education into practice, having taken many groups of students on kayaking trips to Glacier Bay, where they visited cultural sites and learned outdoor survival skills.

More Gunalchéesh Notes:

Volunteer thank you: gunalchéesh to **Marlene Duvall** for helping with middle school vocabulary.

Gunalchéesh **Karen S. Mills** for the donation of fleece jackets for camping supplies.

This newsletter is a program component of the Hoonah Schools Native Education Title VII Grant. Since 1988, we have been using it as a means of involving parents and the community by letting everyone know what is going on at school. We hope that our readers have found it to be informative. Thank you to everyone who has contributed news articles and photos this year, and to those who have made suggestions and comments. A special thank you to Karen (TG) S. Mills and Sally Dybdahl, the ever-faithful proofreaders. Gunalchéesh TLEIN. Daphne Wright, Editor

Graduating Seniors Plan for their Future

Late in May, the six students who would soon be HHS graduates were asked about their plans for their future. Here is what they said:



DongQiang Liu has plans to attend the University of Alaska Anchorage and go into hospitality management.

Jordan McLuckie said that she is going to Lewis and Clark College in

Portland, Oregon. She received a nice scholarship from

them to play violin in their school orchestra and take private lessons. When asked about her plans for a major, Jordan said, "As of right now, I'm thinking about studying Sociology with an Environmental Science focus, and minoring in violin



-ana-

performance."

Raymond Osborne will be heading to Fairbanks to attend UAF; he plans to study applied science and human services.



Tony Phillips is another one of the graduates with plans to head north to Fairbanks to attend UAF. He intends to study mechanical engineering.

Sam Sheakley intends to work this summer on his grandfather's farm in Idaho, then go to AVTEC (in Seward) in the fall to study mechanics.



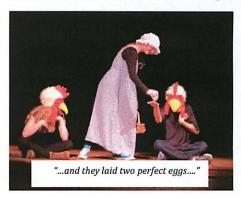


Morgan Stevenson, who received the University of Alaska Scholars Award, will attend UAF in the fall to study accounting and business management.

We wish all of our graduates success in their endeavors!

High School & Middle School Plays

Two plays were presented by high school and middle school students the first weekend in May. The middle school



group's performance included three of Aesop's fables. The high school play was about a class assignment involving a 5-pound sack of flour. Both plays were directed by Bob Hutton.



Prom thanks ----A huge (HUGE!!!!!) thank you to Icy Strait Point for allowing the Junior class to host the 2016 Prom at the Cookhouse. A good time was truly had by all, including, but not limited to great dancing, wish lanterns, balloon volleyball, and a buffet that included fry bread, fish and chips, chicken adobo, and mini-cheesecakes!

The Juniors and Advisor Stephanie Harold

Library News: We have good news for all of us! The Library will be open a few days a month this summer for books and materials check out (sorry, no computer access). There will be a special time open for children with a later time in the day for adults. Each month you can check the city bulletin boards and Facebook pages Hoonah Buy, Sell, and Trade or Huna Bulletin Board for the schedule. Thank you Superintendent PJ Ford Slack for continuing to support literacy for our children and their families. This summer the library will be staffed by volunteers. If you have any questions, you may contact Marti Lee at 957-2003.

News Notes

Student Government

The Student Government elected a new corps of officers April 28th, including Nina Sanders (Secretary), Zada Michel (Treasurer), Halle Budke (School Board Representative) and Orion Osborne (Middle School Representative). All students who ran for a position gave a speech to the middle and high school student body. These speeches were detailed and outlined the reasons why they felt they would be an excellent representative for Hoonah City Schools. They will hold a special election in the fall to elect a President, Vice President, and high school representatives. Any student interested in participating in student government next year should contact Ms. Smith. The Student Government will meet in a joint session with the school board in the fall. Aimée Smith, Student Government Advisor



Yearbook

I want to recognize and thank the Yearbook Staff for their hard work this year. Halle Budke and Mary Jack worked hard to develop a comprehensive and beautiful yearbook. Kayla Wolfe also worked on the staff in the fall as a photographer. The cover of this year's book was designed by Mary Jack. All students that have purchased a yearbook should have received it on the last day of school. I also want to thank all of the community and staff members that contributed photos this year. Not every picture made it in, but the pictures provided gave us a wide selection to choose from and to represent as many students as possible. Thank you for contributions from: Daphne Wright, Lorrie Scoles, Terri Budke, Sally Dybdahl, Ben McLuckie, Mariah Martin, Jessie Dybdahl, Christina Dick, Amy Stevenson, PJ Ford Slack, Heather Powell, Mary Beth Moss and Marc Leinberger. We will have a process outlined for picture contributions in the fall, so stay tuned! Aimée Smith, Yearbook Advisor

PreK-8 Music

You may have heard your elementary student talk about karate in music class and wondered what it was all about. The 4th and 5th grade students have been working through the Recorder Karate program and many of them have earned "belts" for the various levels they have completed.



Students who earned belts also received a certificate at the awards assembly. The 2nd and 3rd grade students worked on their accompaniment skills and played boomwhackers (those big colored, pitched tubes) along side the students who were playing recorders. The PreK-1 class has been working on building their motor skills to various chants we've learned, as well as working on some Lingít songs. Be sure to ask your little one about Mickey Mouse Ears, door knob turns, and how to do a Good Morning America!

The middle school presented a wonderful performance of music from Pirates of the Caribbean at the End of Year Concert on May 11th. I am truly proud of how far this group has come this year.

I would also like to acknowledge awards presented to students who have contributed highly from this group. Initiative Award: Kaylahni Bidiman; Leadership Award: Zada Michel; Perseverance Award: Jermaine Johnson; Director's Award: Liyah Jewell. Thank you to these students for their dedication.

Aimée Smith, PreK-8 Music Director

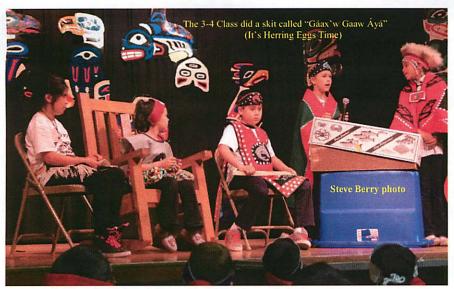
Elementary Spelling Bee

The traditional Spelling Bee was held May 17th, with all elementary students who wished to take part. At the end of many rounds, the last two standing were Tyrell Cromer, who

took second place, and Kaida Irvin, who was declared the champion. In winning this year, Kaida repeated her victory as a third grader, way back in 2014.



Congratulations to all the students who competed this year.



Heritage Celebration Ku.éex'

The HCS 26th annual Heritage Celebration Ku.éex' was held April 29th. Kaagwaantaan Raymond Osborne (T'awyaat) spoke for all the Eagle students as he welcomed everyone. In response, T'akdeintaan Randy Roberts (Koosk'ei.é) spoke for the Ravens to thank the Eagle hosts. The large crowd of community members and visitors were an appreciative audience as the students made speeches and entertained with music, dancing and skits. The presentations included Headstart students all the way up to those in high school. We received many positive comments afterwards from proud relatives and friends.

The Eagle hosts served a delicious lunch of halibut and salmon, herring eggs and berries. Families, school staff, and other community members had donated money and food items to help to make the event possible. Thanks to these and many other donations, the Eagle students were able to hand out gifts of jarred food, trail mix and dried seaweed (gunalchéesh to Owen James & Mary Beth Moss.)

Something new this year was the t-shirt worn by many of the students, staff and volunteers. The shirt has Haa Kusteeyi Áyá-Xunaa Kaawú on the front with a wonderful design made by our very own Richard Dalton III. The back of the t-shirt has a chant for Language Warriors, Learners, Supporters and Families to bring strength to learning our Lingít Language. This chant was written by X'unei (Lance Twitchell) belonging to the Lukaax.aadi clan. He was kind enough to not only present this song for language learners, but to encourage the use of it to gather strength in our language. The words are as follows:

Haa léelk'w hás yoo <u>x</u>'atángi The language of our grandparents

> Haa tóo yéi yatee It is inside of us

Haa yoo x'atángi kei naltseen Our language is getting stronger

Ch'u tleix áwé ugaagastee Let it exist forever We have set April 28, 2017 as the tentative date for next year's event, which will be our 27th annual <u>ku.éex</u>'. Raven students will be the hosts in 2017.

Many adult volunteers helped this year, in the days leading up to the <u>k</u>u.éex' as well as during the event itself. Following is a list of names of those who helped in some way. We sincerely apologize if we have omitted any names from our list.

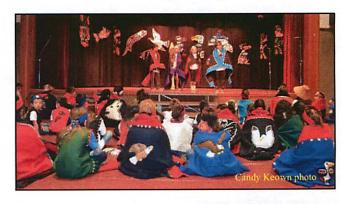
Gunalchéesh

People Who Made Donations:

Wilma & Randy Davis Sally & Paul
Dybdahl Linda Belarde Raino Hill
Karen S. Mills Jen Bidiman
Stephanie Harold Phillip & Amy
Stevenson Veronica Dalton

Lorrie & Ted Scoles Nicki & John Shelton Vernon Hill Marlene Duvall Marti & Jack Lee Mary Beth Moss & Owen James Carol William Glen & Lenora Johnson Sam & Arely Wright Nyung Dinh Mike Miller Shangukeidi Clan Bob & Glenda Hutton Virginia Oliver Sarah Dybdahl Sheryl Ross Pete & Rory Schneeberger Frank & Daphne Wright Barb & Ed Phillips Eleana & Marc Leinberger

Justin Bidiman, Hoonah Trading Company



Volunteers:

Sally Dybdahl, Karen S. Mills, Marti Lee, Bob Hutton, Kathie Deitering, George Carteeti, Serena Hinchman, Karen Hinchman, Wilma Davis, Teresa McConnell, Glenda Hutton, Linda Belarde, Virginia Oliver, Mary Beth Moss, Candy Keown, Tesh Gray, Jen Bidiman, Elena Leinberger, Dottie Johanson, Bob Hughes, Natalie Elias, Sharon Hill, Darlene See, Judy Bitz, Steve Berry, Stephanie Harold See the next page for more of our Gunalchéesh list.



Haa Kusteeyí Áyá "This is who we are"

A Message from Lgeik'i (Heather Powell)

What an exciting month! Kunáx Yak'éi! We traveled to Glacier Bay this month, and began our journey *Singing our Way Back to the Homeland*. We have learned many things on this trip, and remembered all those that have gone before us. For two of our students, Sam Sheakley and Raymond Osborne, this will be the last trip as a student of Hoonah High School. They were among fellow students Randy Roberts, Brandon Guthrie, Jeff Devlin, Treston Lafferty, Mary Jack, Vanessa Contreras, Nina Sanders and Kelsey Thein. Students worked with Culture Bearers, Lingit Language Teachers and school staff Naakil.aan (Hans Chester, Juneau), K'ash<u>G</u>é (Daphne Wright), Lgeik'i (Heather Powell), Koodei Yatóon (Darlene See) Dakaa Xooxei (Mary Beth Moss), Kaach Yaas (Gordon Greenwald), and Mr. BenMcCluckie.

The week after we returned from the trip, we got together to make an audio and video recording of the songs that were created on the boat trip. (see photo) A special thank you to Ken Pierce, for recording, and Ben McLuckie for videotaping. Thank you also to Sarah Dybdahl and HHF for the donation of flashdrives and DVD's for students' song recordings. We could not have done it without you all!

Gunalchéesh Ldakát Yeewhaan!

eth Moss), Kaach Yaas (Gordon

Jeff Devlin photo

Ku.éex' Gunalchéesh continued from page 6.

Gunalchéesh to:

Hoonah City Schools Administration, teaching & support staff; Aimee Smith, lights & sound, music support;

Steve Berry, special help with paddles;

Genevieve Cook, Bill Wilson and Roby Littlefield for language support;

Huna Heritage Foundation for support;

Photography: Tesh Gray, Candy Keown, Mary Beth Moss, Steve Berry:

Bob Hutton, doorway decoration, other set-up help;

Maintenance staff: Jeremiah Byers, Corbin Harris, Jeremy Martin; And a special gunalchéesh to the cooks for the wonderful lunch! Aatlein Gunalchéesh ldakát yeewhaan!

A Big Thank You to everyone!



Haa Kusteeyi Áyá---Xunaa Káawu t-shirts designed by Richard Dalton III, were presented to students and staff and worn the day of the Ku.éex'. On the back are the words to the language chant. See page 6 for the words to the chant, the English translation and the composer.



Candy Keown photo of the Headstart class at Ku.éex'.

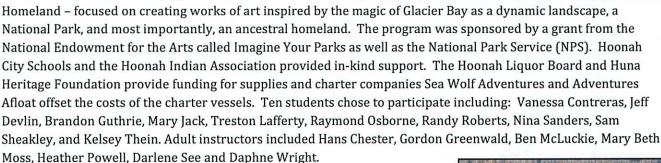


Gunalchéesh to Karen S. Mills for the donation of eagle and raven puppets to the Tlingit Language program. Above, Olivia and Harlee play with Yéil and Yéil Tlein.

Journey to Homeland 2016: Singing our Way Home

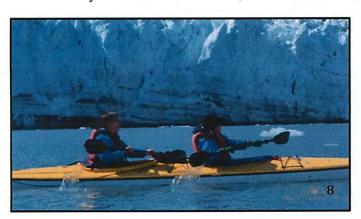
The evening became chilly as the sun slowly sank below the distant edges of the Fairweather Range, but a tightly knit group of students, culture bearers, teachers, and new friends remained circled on the beach. This was the second – and last night – of the 2016 Journey to Homeland trip – and all were reluctant to leave the warmth of camaraderie to return to the waiting vessels.

This year's adventure - Singing Our Way Back to



The trip began on May 2 when students, culture bearers, and instructors boarded the M/V Sea Wolf and the M/V Valkyrie at the Hoonah City dock. Hours later, the boats drifted beside each other just past the entrance to Sít' Eeti Geiyí – the Bay in Place of the Glacier - to celebrate Returning to Homeland with songs both mournful and triumphant. During the long transit time between stops, students learned about language, traditional song structure, and protocol; journaled about their experiences; and began working on cultural gifts for the Opening Ceremony of the Huna Tribal House. Instructors also briefed students on how to capture digital images of the landscape and their adventures.

By late afternoon, the group was anxious to touch ground. Skiffs relayed participants and gear to a gently sloping beach in Sandy Cove where Darlene See, Gordon Greenwald, and Heather Powell helped students make skin drums.



While drums dried in the waning sun, students explored the beach, hunkered by a campfire, sang songs, and shared stories.

On day two, the boats approached Reid Inlet – our intended destination – to discover a snow-covered beach and high winds that would make hiking and exploring cold and difficult. Quickly adapting to new plans, the boats ventured on to Marjerie Glacier. Almost all of the students had visited this iconic glacier aboard previous NPS-sponsored catamaran



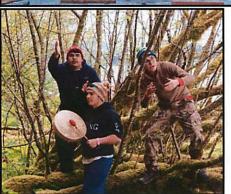
trips, but this day, they lowered themselves into kayaks for a more personal exploration. Nine yellow kayaks paddled amidst icebergs to the kittiwake colony lining the southern edge of the glacier where Daphne Wright led the group in the T'akdeintaan Clan *Seagals Cry*. Threading through pathways between the icebergs, the group rafted up in front of the glacier to surf the small waves created as ice calved from the glacier face.

By late afternoon, the group was again gathered on a beach – this time in the upper west arm of the bay – to share thoughts and appreciations. Students spoke of their commitment to language and song and their connection to Glacier Bay – to Homeland. Heather reminded the students that "soon you will be the aunties and uncles, the grandmothers and grandfathers" responsible for sharing history, language, protocol, and song. Students all

seemed to be prepared – and proud – to rise to this challenge.

On the last morning, the vessels transited to Bartlett Cove where Ken Grant greeted the group. Walking from the Ceremonial Beach near the Glacier Bay dock along the Tlingit Trail, Ken shared the history of the Huna clans from their settlement at L'eiwshaa Shakee Aan through the painful ages of glacially driven exodus and Second Ice Age alienation to the hard won return to homeland. Standing in front of the nearly completed Xunaa Shuká Hít – Huna Tribal House – Ken described the healing process of working collaboratively with the







tribe, the National Park Service, and the clans to design and build this symbolic anchor for the Huna Tlingit. He shared his father's words "Kooteeyi téik' áwé kéi wooxeech" – Even the smallest stone is turned – to describe the monumental efforts he and others went to in order to achieve the Tribal House dream and encouraged the students to persevere in "finding the stone that is calling to you from the mountain top."

In the late afternoon, the students grouped in a patch of sun to pull together the bits and pieces of vocables, lyrics, and rhythms they had been working on throughout the three-day journey. From the edges of the spruce forest,

new songs were drawn out, crafted by students who were proud and joyful to Return to Homeland.

Toowú sigóo áyá. We are happy

Has du een yei haa teiyí. When we are with our ancestors.

A kaana<u>x</u> wutu.aadí As we walk through the land.

The three songs composed by the group will be brought out at the Opening Celebration of the Xunaa Shuká Hít on August 25, 2016. Student

photographs will be used in language classes. *McLuckie, Darlene See and Mary Beth for the photos.*

Gunalchéesh to Mary Beth Moss for this article and to Ben

Essays from the Middle School Class

The Dreaded Plastic Packets By Cooper Ross



At Hoonah City Schools we have a wonderful breakfast program but it only has one flaw. There are packets that are wrapped in plastic that contain a plastic spork, plastic straw, and paper napkin. The school should eliminate these.

The solution to the problem is to use the silverware from the lunch program.

The packets are cheaper than using the silverware. The school is spending \$30.22 for a box of 1000 packets. That's not a bad price. However it can kill people to keep these packets.

The packets are small but cause big problems that can lead to death in Hoonah. The packets may cost less but the Hoonah City Dump burns most of its trash. Most people should



know that burned plastic isn't good for humans, plants, and animals, but not a lot of people know of a way that it can get into an animal, plant or human. The soot from the burned plastic goes into the air and falls to the ground. The lichen and the moss like to eat the things from the air, which would mean that the lichen and moss would be eating burned plastic. Then winter comes and there's no grass for the deer to eat so they eat the lichen and moss off of the trees, thus starting the process of Biological Magnification. The more burnt plastic there is in the deer, the more dangerous it is for us if we eat the deer without cleaning it properly. This problem can kill people in Hoonah.

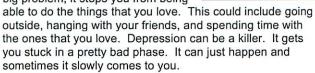
The better thing to do would be to use the silverware that we already have. Unfortunately, the kids might take the silverware to their lockers and not bring it back in time to be cleaned for lunch. Our solution to this problem is to set up tubs all around the school. There is only one more problem but that is also an easy fix. We won't have enough silverware for both the elementary and the high school for breakfast. The only way to fix it is to buy new silverware.

The solution will still work because people like to know that they can make a difference in the world. It is really amazing how something so small

can have big effects.

The Struggle of Depression By Shayla Thaalesen

Everyone has a problem. One is depression. Depression is a big problem; it stops you from being



Things that start depression are not hard to name. Drinking and abuse can start it. Another thing that can start it is the use of other drugs including marijuana. Sexual abuse can also cause depression, or depressive states.

What is depression? Depression is basically hormones, or so that is what I have been told. But what I think of depression is that it is a very large, deep, dark hole that you cant get out of. What is it really? I am not sure. But I have been told that if you bundle a whole bunch of emotions together, and not talk about them, this can make you feel dead and unwanted, and make you chose death instead of life.

There are different ways that people express their depression. Some people cut themselves to let out pain, and express to others how they feel. When they do not get the attention that they want, it makes them feel like they are not important.

To solve depression, you need to be able to talk to someone. Don't be shy, its time to speak up. You do not need to go through this alone. You own your life, not the things in your head. You can choose to do your best, and try not to let everything get to you. You can do whatever you want.

Too Much Teen Death By Zada Michel

The number one cause of teen death in Alaska is suicide. Depending on the person, there are three main stages leading to suicide. Stage one is minor causes, stage two is major



causes and stage three is death. As you can see right, now teen suicide is a major problem. We need to prioritize these suicidal teens and get them the help they need.

The first stage consists of finding what your triggers are. These kinds of triggers are what make you angry, sad, and not feeling good about yourself. For some teens, it could be bullying in and out of school. It could be their parents or there could be sexual abuse. Sometimes it could even be something as simple as their parents yelling at them. Moreover, some of this happens because of teen peers. Once you're a teen, you'll worry about so many things and have such an attitude. A lot of this is caused by peer pressure. Just by telling teens they look fat could cause them to be anorexic or develop an eating disorder.

Stage two is a bit more intense. They get depressed and with that come terrible things. A teen could start cutting. The cuts usually start out as little scratches but they will eventually get deeper and deeper. Soon, teens will get to the point where they'll need stitches. Their depression will sometimes lead to drugs. Doing drugs can have a big impact on teens' lives. They could get kicked out of school or they could get arrested for doing something they didn't know they were doing.

Last, but not least, the third stage: death. Doing drugs can lead to death, cutting can lead to death. Many, many things can lead a teen to death. So many teens in Alaska have died and there are so many more to come. Don't

you think we should prioritize this problem? Haven't we lost enough people?

See page 11 for one more Middle School essay.

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Martin Luther King By Halle Budke

Dr. Martin Luther King, Jr. was a ray of light in a dark, dark time in our history. As a voice for all, he believed in equality for everyone. He is somebody who should be celebrated with an event.

He knew that the color of your skin should not determine what store

you shopped at, what job you had, how much you were paid, what park or club you went to, or what church you attended.

Dr. King, Jr. was a man who believed in a world where anyone should be free to live where they wanted and sit where they pleased without being imprisoned, like Rosa Parks. King was the type of man to fight for what he thought to be right but not in a violent way where people could be killed or injured, unlike the group Black Panthers. His fight was with strong, true words, not with guns or knives. His words cured the broken, his dream became the future, he was a man to get things done right. America is great because of the people who work to make it great like Dr. Martin Luther King, Jr.

In honor of someone who made such a difference in the way we live today in modern America, we should at least show support at Hoonah City Schools by celebrating Martin Luther King Jr. Day. We already do this by celebrating Elizabeth Peratrovich Day, a women who made a difference in Alaska.

For those of you who don't know who she is, here's a little biography on her. Elizabeth Peratrovich was born in 1911, on Independence Day. Her adopted parents were Andrew and Mary Wanamaker, making her originally Elizabeth Wanamaker. At the age of 20, she married a man named Roy and that is when she became known as Elizabeth Peratrovich. He would also become Grand Camp President along with her. Their desire to make discrimination illegal in Alaska was caused when they moved to Juneau and started in on the process of buying a house in a nice neighborhood. The Peratroviches were told that they could not buy the house of their choice because they were Native. Elizabeth and Roy soon after joined the territorial officials and other Natives to help make discrimination an illegal act in Alaska. Elizabeth did



a lot to help the people of Alaska and to make Alaska a safer, freer and more livable state and home to all Alaskans.

However as much as Elizabeth Peratrovich did, she only really focused on Alaska Natives. On the other hand, Martin Luther King, Jr. fought for a whole race which was being mistreated.

Martin Luther King, Jr. was born Michael King, January 15, 1929, in Atlanta Georgia. When he was 12, his grandma, who he was very close with, died from a heart attack. After the horrible event, he jumped off a two-story house, which was reported as attempted suicide. In high school, he was Student Body Government President and was very popular especially with the women. However he wasn't interested in religion. He went to several different colleges like Boston University, Morehouse College and Crozer Theological Seminary. The man was very smart. Michael later changed his name to Martin Luther King just like his father had changed his name to the same thing earlier. He became known as Martin Luther King, Jr. as we know him today.

King became a Baptist minister and a civil rights activist trying to ban the discrimination laws and change people's minds about equal rights and freedom. He gave one of the most famous speeches in history known as the "I Have a Dream" speech given at the Lincoln Memorial. In 1968, another very well known speech, given right before his death, is known as "I've Been to The Mountain." One of the most amazing things that he accomplished was the Alabama Boycott. He and thousands of people who were fed up with discrimination walked in protest, so that their voices could be heard and their signs read.

I think that people may oppose my suggestion because we are a small town in rural Alaska, and we have the largest amount of Tlingit people in the world. That means that we naturally speak and learn a lot of Tlingit language. There also are not a lot of African American people in Hoonah right now.

Nevertheless, people think that it's time to change it up a little and to bring some different types of tradition, culture, and diversity to our community. I believe it starts now, while this generation is young and willing to learn. Not honoring other traditions is a huge problem. I think it can be solved if people were more willing to accept different traditions. Like Martin Luther King Jr. said, "Faith is taking the first step even when you don't see the whole staircase."

Middle School Volleyball

The Hoonah Braves MS Volleyball team traveled to Juneau at the beginning of April to compete in the Juneau Jamboree. Our Braves represented very well and placed 1st Overall in the B Bracket. Hoonah came home as Champions, both on and off the court. Upon arriving in Hoonah on the ferry, one of the AMHS workers bought each of them ice cream for picking up after themselves and being well behaved on the ferry! I couldn't be more proud of these kids and am excited for the future of our Braves Volleyball program. Coach Dybdahl

Back: Liyah Jewell, Halle Budke, Olivia Morrison, Zada Michel, Ashlyn Gray. Front: Dakota Garrison, Sofia Comolli, Kaylahni Bidiman, Kayla Sheakley, Cooper Ross, Orion Osborne.



High School Personal Journey
Narratives Modeled After The Odyssey

The Journey of Eligibility

I am Brandon, son of Mo. I am a well-known basketball player in the town of Hoonah. I've had many memories on my basketball journey. However, my most memorable was

the most recent season. Many trials faced the team and I. Most lead us to victory, while others left us in defeat. Each trial, however, gave us new experience. Of course, there were speed bumps along the way. I was close to being ineligible. However, as a result of my persistence, I finished the season. Eventually, it was time to return to the shores of what I can call home.

The season started when wrestling ended. It was almost every high school boy's favorite time of the school year. To some people, it seemed like the only thing that kept them going through the school year. To them "Basketball is Life."

Like in years past, the first couple of practices were nice and easy. As the season continued, it became a little harder each week. Eventually, all of the puddle-sweating sprints and daily drills became routine.

The games and practices weren't the only challenges during the season. It came time when the white heart-pounding progress reports showed up that determined who was and wasn't eligible. Eligibility had many people worried. I was one of those students. A season before, I had missed the Region Tournament due to my grades. A year ago, I was a little more laid back about schoolwork. I didn't start worrying about homework and what not until the week of traveling. Sometimes it worked, other times I might as well have hung myself because of the mountain of homework I had to get done in the amount of time I had.

Luckily this last season, I did not miss a single game. I learned from the previous season that I couldn't be carefree. There were times though, that I got close to missing a couple of games. Most of the time it was my math grade that had me worried. Even today all the confusing formulas give me trouble. Thankfully, I always made it through each grade check without any problems. I was able to go on trips and make some new memories.

In a way, my journey didn't just start at the beginning of this last season; it started at the beginning of freshman year of basketball. It took for me to make every regular season game, and then to miss the Region Tournament to realize that I can't be as laid back as I was. So in a way, my journey has actually lasted for two seasons instead of one. This experience has made me a better student and basketball player. Brandon Guthrie

On the Road to State

I am Josh, son of Tim. I am known among the Hoonah people as an athlete, and my fame reaches the crowd in the stands. But I dwell on the hardwood floor, which is in a gym. The hardwood is covered with colors, which we represent on our jerseys. The gym is constantly filled with loud desperate cries of encouragement as the game clock winds down. This gym lies in a village called Hoonah, but the others lie across the sea on the island

called Sitka, with a bigger gym, more people, and more

fans. However, in my eyes, nothing is sweeter then this, I'd rather struggle in my gym, then succeed in any other gym.

This, my personal heroic story, is a possible multi year journey. The goal is to reach the State basketball tournament. Although I have a possible four years to make this happen, I want to achieve it as soon as possible, and hopefully even a couple of times. We will need an extremely strong work ethic, and will need to drop some bad attitudes. Those are just some obvious qualities we will need. We will also run into obstacles, but we need to go through them. I've gone through one of four years so far, and failed to qualify for the State tournament. There were just too many obstacles my first year, and we couldn't get over them.

There were some obvious complications from the start. In the beginning of the season, we weren't ranked top three, yet we needed to be top two by the end to qualify for State. We beat an improved Skagway team, but this led to constant dogfights about who would be ranked where throughout the season. We were also a young team; the starting lineup had no one over a junior.

Our little experience would eventually become some serious trouble knowing we would need some valuable experience when we reached the regional tournament. We were up against more qualified, bigger teams; it was a big challenge. Although we believed we could play with any of them, we came up short each time we played those top three teams. Also, through the season, about five players ended up quitting, one being an original starter. Players quitting ended up being really problematic; it hit us like a bus. We needed to make immediate changes in the middle of the season.

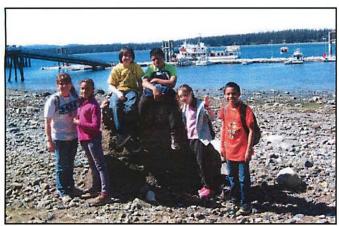
Something else that came into some negative play was determining who was eligible and who wasn't. Eligibility forced the seniors to miss the first set of games. I, however, stayed eligible the whole season along with a couple of other trustworthy teammates. Game in and game out we tried to help the team as much as possible by staying eligible. However, it was not the same story with other players. A lot of players were off and on, not knowing if they were able to play or not. Some chemistry on the court was affected due to eligibility problems, which was also a big reason we couldn't finish top two in the region tournament. However, even though we didn't reach our goal, we got something else out the season.

Throughout the season, although we were winning some games, and losing others, we grew in something; we grew a bond. We developed a family type bond, the kind where you are comfortable with each and every one of them. You know someone will have your back, and you feel safe. Everyone was reliable, and it was just a great feeling with that group of guys. The chemistry, the understanding, between us was all so high.

No matter where, in the hotel rooms, locker rooms, ferry rides, where ever we were, we had fun, no matter the wins and losses. We finished with twelve wins and nine losses, fourth in our region. We missed State, but it almost seemed tolerable, because of how much fun we had at all times. We knew there would be next year to reach our goal.

Our goal will stay the same for next year, to qualify for the State tournament. Next year, we will have the whole lineup back and will play better, and have even more fun. However, my freshman year is a year I'll never forget; it was a great experience even though we failed to reach State. I can't wait till next season.

Josh Wright



Third-Fourth Grade News

from Mrs. Bidiman

As the year is coming to a close, I've been reflecting on what we've learned this last quarter.

Three reading strategies we focused on to help improve comprehension were finding the main idea, comparing and contrasting, and distinguishing between fact and opinion. We also learned about fables, and got to attend a play based on Aesop's Fables. This was put on by the middle school students and taught us some valuable lessons. Thank you, Mr. Hutton!

We had a lot of fun during this year's Ku.éex'! Our class performed three skits. I was very proud of the effort they put in to memorize their lines, project their voices, and perform in front of a large audience.

Number Corner in math is one of our favorite parts of the day! The students look for patterns, learn strategies for learning multiplication and division facts and play some fun games to learn where to place fractions on a number line, to name a few. We spent a lot of the year learning about fractions, equivalent fractions, strategies for solving multidigit addition and subtraction problems, decimal numbers, multiplication facts, and how to write story problems. Math is all around us, so I hope these students find ways to continue to use the strategies they've learned for solving everyday problems.

The fourth graders had a wonderful opportunity to fly to Glacier Bay National Park for the centennial anniversary of the National Park Service. We took a hike and learned about career opportunities within the Park Service. The students got to meet other fourth graders from Angoon, Gustavus and Klukwan. We took a culture walk with Ken Grant and also got a sneak peak at the Tribal House! Leah and Levon wrote about the day for this newsletter also. (Picture above shows the class in Bartlett Cove.)

Many students in our class took part in our annual Spelling Bee. They represented our class well. Tyrell Cromer was the runner up. Congratulations Tyrell!

Last, I want to thank Mary Beth Moss for volunteering in our class this year. She has been a huge help!

I hope everyone has a wonderful summer. Keep on reading and writing whenever possible, and practice those math facts!

Our Glacier Bay Trip

By Leah Moss

Last Friday, May 13, the fourth grade students went to Glacier Bay. We went at 7:15 a.m. When we got there, two rangers came to greet us. We got to go to Glacier Bay School. Two girls gave us a tour. Their names were Hannah and Ana.

After that, we got into a taxi and rode to Bartlett Cove. The ride there was bumpy! We saw a lot of muskeg, dead

trees and a lot of moss. When we got there we went to the Ceremonial Beach and Ken Grant gave a speech about our Tlingit ancestors. Next we went on a hike. We got to see a whale named Snow and we saw the tribal house.

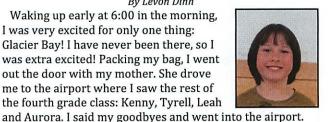
Hiking back into the woods, we got to see a bird called the golden eye. We also saw squirrel evidence at the base of a tree. While we were walking we also saw boulders. That means a glacier was there. On our way back to the beach, we went to stations. The stations had to do with different careers, like interpreter, maintenance, protection ranger, administration and whale biologist.

On our way back to the taxi, we said goodbye to everybody. When we got to the airport we got onto a plane back to Hoonah. We had such a good day meeting other friends and trying new things!

Glacier Bay Experience

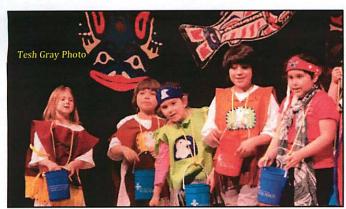
By Levon Dinh

Waking up early at 6:00 in the morning, I was very excited for only one thing: Glacier Bay! I have never been there, so I was extra excited! Packing my bag, I went out the door with my mother. She drove me to the airport where I saw the rest of the fourth grade class: Kenny, Tyrell, Leah



Leah's mom and Ms. Bidiman handed out snacks, a muffin and grapes. I saved my muffin in my pack and devoured the grapes. Finally it was time to leave. There were two planes. The flight over to Gustavus was awesome! I saw many cool things. When we got there, I felt a cool brush of air. The guide met us there and told us their name, but unfortunately. I forgot their name. We walked for a long time. Then we saw two girls who were supposed to guide us through their school. After that we went to Glacier Bay where we met the Angoon kids and Klukwan kids. We wrote our names on wooden necklaces, then had a snack.

We went on a tour and saw a canoe, an octopus spirit and a GIGANTIC whale skeleton. Then we met the Gustavus kids. We went to see the Tribal House, then went on a hike looking for wildlife clues. After all that, we had lunch. Then we went to stations that taught us about different career options. I went to the Interpreter Station and the Protection Ranger Station. After that we sang happy birthday to the National Park's 100th birthday and had cupcakes. Then we went home where my mom was waiting. It was the best day of my life!



Hello from Mrs. Fuller's 1-2 Class

We have been really busy here for the last couple of months. Our class has been studying Earth and Space science. Our FOSS kit is set around pebbles, sand and silt. We have become a class full of rock hounds, to say the least.

The month of March was loaded with fun, too! We began the month with our annual Read Across America honoring Dr. Seuss by celebrating his birthday on March 2nd. We began the week of celebrating with a school wide spirit week. Students had a Mixed Up Monday, wore hats on Tuesday and much more. On March 2nd we began the morning by eating "Green Eggs and Ham"; thank you Kathy Harris. The kids loved breakfast. Following a scrumptious breakfast, we participated in classroom activities making Oobleck, Hopping on Popcorn, dancing to a Seuss sock hop, Red Fish Blue Fish art and we sang "We Love You Hoonah City School". It was a day filled with a love for reading!

To celebrate Poetry month in April, our class hosted a Poetry Café. During the month of March we learned how and what good poets write. Students learned to rhyme, write Haiku, Cinquain and Limericks, dabbled in shape poetry and just had fun reading from some famous poets like Shel Silverstein and Jack Prelutsky. During our café we turned down the lights, sipped on hot cocoa and ate some sweet snacks. Several parents and well-wishers for our budding poets came to cheer us on. Thank you to Sherrie Constantino, Pearl Miller and Jenny Miller for classroom support getting the coffee and cocoa ready. Thank you families for the donations of goodies. The poets loved them. Also, a special thank you to our open mic participants: Rory Schneeberger, Diane Bean and Kendra Hill. Your love for poetry is obvious. This was a first annual café, but it was such a hit; be looking for it again next April[™]

Additionally, April brought a lot of fun learning our Canoe "Yaakw" skit for our annual \underline{K} u.éex'. The students did an awesome job leaning new Tlingit phrases and singing some old and new songs as well a traditional canoe chant. During our skit, students canoed to go berry picking, fishing and came ashore to meet a welcoming party. Gunalchéesh Mrs. Wright for doing such a great job preparing us for this event.

May is always a super busy time. This year we began the month with sea week and beach day. The kids loved our little outing to the beach next to the cold storage. We saw some awesome starfish, sun stars, crabs and this

really gnarly tubeworm. It was over two feet tall and wide. How interesting! Furthermore, it was a beautiful sunny day! Thank you to Sherry Constantino for taking pictures while we were at the beach.

Next, we had our annual spelling bee, which was a lot of fun. Spelling is a budding skill in first and second grade. I am very proud of my spellers this year. They have learned so much about how words are composed and are using what they know about words in their reading, writing and spelling. Congratulations, Kaida Irvin, our spelling bee champion for the second time.

The year ended with our annual field day. Students grade K-5 participated in some fun and exciting games. Teams of 6-7 students rotated around for games of flag tag, cage ball, scooter rally, target toss and an obstacle course of course. It was great fun for all and it was made easy because of some fantastic volunteers. I would like to thank Bob and Glenda Hutton, Teresa McConnell, Kathryn Leinberger, Sherry Constantino and Kelli Deitering. Also, thanks to all the staff for such great team spirit.

On the last day of school, we ended the year with a bang, as we enjoyed a school-wide picnic at the Kéidladee Park. Students ate a picnic lunch, thanks to Miss Kaz and the elementary families.

Last but not least, I have some final thank yous. I truly appreciate the support of the families and friends of my class. Our year is successful due to a combined effort of many different people. Thank you to the many volunteers: Sherry Constantino, Joann Wolfe, Teresa McConnell, Kimberly Savland, and Marlene Duvall and to the many who contributed to our snack supply. Thank you, Pearl Miller, for helping stock our school store. Thank you to Rory Schneeberger for reading with the students.

A huge thank you goes to our Book Bag ladies Diane Bean and Bonnie Skaflestad for your tireless effort and love for teaching children to read. Another huge thank you to Glenda Hutton, Volunteer Reading Tutor Extraordinaire. I appreciate all of you!

Tina Fuller



News from the Kindergarten and Pre-School (Class of 2029 and class of 2030)



Wow! Our school year has ended. Have a safe and good summer. It has been a fun learning year. We enjoyed picking berries with Mrs. Wright, concerts with Miss Aimee, and \underline{K} u.éex'. Thank you, everyone. I am pleased to have been a part of the school and community.

We are happy to have Heather Powell in our school too. Students begin to sing Tlingit songs when they see her. And with her energetic and happy positive attitude, students are developing a stronger connection to the culture.

What we will look forward to next fall is incorporating more Tlingit language into our lessons to talk, read, and write. I had fun learning some Tlingit words and would like to incorporate it in the classroom more so we can have a community of learning in and outside of school.

If your child has a Tlingit name, please let us know. If they don't have one please think about one over summer break and come up with a nickname we can use in class.

I want to thank the following people for donations of snacks and cleaning supplies: Terri Mills, Sherry Constantino, DJ Lindstrom, Stuart Mills, Jamie Erickson, Sharon Hill, and Pearl Miller

Thank you to Diane Bean for volunteering to work with students.

It is going to be a long summer without school, so please have your children keep reading and counting.

Mrs. Leinberger





Photos above: after the $\underline{K}u$.éex', the kindergarten students had a great time playing with the dáanaa daakahídi and the ATM that were used in the 3-4 class skit.

Fifth Grade Class End-of-Year News

It is hard to believe we are already at the end of the year! We have been busy in these last few months of fifth grade. Below are some of the highlights of this spring.

Last month the fifth grade students all took a deep breath and gave their introduction speeches in Tlingit and English at the annual Ku.éex'. We have also been integrating the information from our introductions into our native plant reports that will be presented at Glacier Bay at the end of May. Students will be staying three days and two nights at Glacier Bay where they will have the opportunity to meet with Gustavus students, present information on native plants to tourists on the day boat, and take a hike up the trail toward the new tribal house where many native plants have been planted with identification markers. Gunalchéesh to Mrs. Wright for helping us prepare our introduction speeches and helping us review the Tlingit names for our plant reports. We also want to thank Glacier Bay Rangers Steve and Emma for their monthly visits where we learned about plant identification, plant uses, seed dispersal,

pollination, and photosynthesis. In math, we finished off the year learning how to add, subtract, multiply, and divide fractions and decimals. We have been using area models, number lines, and ratio tables to



apply these concepts in a more visual manner. We were also able to find direct applications for these math concepts when we needed to measure the area and volume of our garden plots and later when we needed to create a budget for our Glacier Bay trip.

In our integrated language arts block, we finished out the year studying unique ecosystems and energy transfers. We completed an opinion piece on whether it is important to protect biologically diverse ecosystems such as a tropical rainforest and then brainstormed ways to conserve energy within our own classroom and school. As we close up the year, we are putting the polishing touches on our work samples, auctioning off our learning posters, and packing our bags for our trip!



Hoonah Indian Association Cultural Happenings

By Darlene See, HIA Cultural Programs Specialist

On March 12-13, Dodie Lunda and I participated in a Cooperative Extension Service (Fairbanks) canning class. We both became certified to teach canning and hope to have a gauge tester available to make sure your gauges are accurate and you are canning safely. We also learned that the Cooperative Extensions Service raised the recommended pounds of pressure from 10 to 15 for canning salmon!

HIA's Clan Conference was held April 13-16; the main topic of discussion was the dedication of the long-awaited Tribal House in Bartlett Cove this August. There were breakout sessions for the Eagles and Ravens to talk amongst themselves in preparation of the main event. The National Park Service and HIA are working collaboratively to provide a memorable experience for all. We will announce the details, such as transportation costs and times as soon as they are finalized. Other HIA initiatives were also on the agenda such as; Hoonah Native Forest Products, Hoonah Strategic Economic Development Plan, Haa Aani Pathways to Prosperity, USFS.

On April 27th, NPS Cultural Anthropologist Mary Beth Moss and I gave a presentation for the community of Gustavus about the Xunaa Tribal House in Bartlett Cove. The next day we had the pleasure of informing the K-12 Gustavus students about it as

On April 30, we had our last dugout camp made possible with a grant from Rural Cap (Department of Juvenile Justice) and the support from SEARHC Wise Families. Wayne Price went over water safety and the gear needed to survive in our waters. Afterwards, they paddled his dugout to where it was flipped, learned to turn it back over and one at a time got back in, bailed out the dugout and paddled successfully back to shore. They were *all* brave to attempt this necessary survival experience, "warriors one and all." Aatlein gunalchéesh to the following people: Wayne Price, Zach James, James Hart, Wanzi Lindoff, Steven Price, Heather Powell, Owen James, Mary Beth Moss.

Gordon Greenwald, Owen James and Herb Sheakley will soon complete the Raven Totem pole (the Eagle and Raven poles will be raised at a later date separate from the Tribal House dedication.) They are also preparing the four house posts and the interior screen to be packed and shipped over to Bartlett Cove to await installation.

The Ravenstail Weaving class will be postponed until fall. I sincerely apologize to all 18 people who were signed up for this. This is a busy time for everyone (the rest of the kits didn't get here on time) and the dedication of the Tribal House will be here all too soon. CONGRATULATIONS! Kaida Irwin for completing her Ravenstail Medicine Bag last month, she wore it for the first time during the HCS Ku.éex'. I had the privilege of teaching her during last year's summer camp put on by Huna Heritage and Sealaska.

I would like to thank all the wonderful people who have been showing up to help turn over the 40' dugout so Wayne and the guys can complete it. There will be trial runs VERY soon, much to prepare for; do I have your updated contact information? Please finish your paddle ASAP. Wayne is still making his tools available for us to use at my office building (Old HIA); please take advantage of this. The Veterans and others helped get the strip canoe that Wayne is working on and they will help complete it so the Veterans can use it during Celebration

in Juneau as well during the dedication of the Tribal House in Bartlett Cove.

On May 25th, the elders/leaders met in Juneau to discuss the Tribal House Dedication details. Please contact your clan leader or representative to find out how you can be a part of this once-in-a-lifetime opportunity August 25-26, 2016.

K-12 students and adults will still have an opportunity to participate in the Tribal House gifting project this summer; keep an eye out for signs of when and where.

Aatlein gunalchéesh,
Darlene See, HIA Cultural Programs Specialist
darlene.see@hiatribe.org (907) 945-3545



well. After the school presentation, the students helped with the Tribal House gifting project.

NUTRITION NOOK

How big is a serving? It's smaller than you might think. Use these guidelines for proper portion sizes:

- ✓ A clenched fist is about one cup the size of one serving of pasta, rice, cereal, vegetables, or fruit.
- ✓ A portion of meat, poultry, fish, or tofu is as big as your palm.
- ✓ For fats, like butter or salad dressing, add no more than an amount the size of the tip of your thumb (one teaspoon).
- ✓ Mentally divide a dinner plate into four sections. Fill a quarter with protein, a quarter with whole-grain products, and half with vegetables and fruit. This will keep portions under control and help balance meals.

Hoonah Fun & Fit Partnership News

PLAYGROUND News: Saturday, May 14th was a HUGE Flea Market in the Alumni Gym. We raised an additional \$700 for the playground fund. Many worked, many donated, baked & lunch items were sold, and a local food raffle took place. Thanks to all that put in their time and treasures to be passed on (for a price) to others, and thanks to all those that came shopping!

Special gunalchéesh to Pearl Miller, who put together the food basket raffle. We sold more tickets the following week and raised another \$99 before the winning ticket was drawn during the Last Day of School Picnic.

The estimated cost for the playground (including groundwork, equipment, landscape architect, etc.) is \$200,000. We are over 1/8th of the way to the target at \$26,287.00 from Carnival profits, Hoonah Liquor Board contributions, funds from Elementary Activities Account, Rummage Sale/Flea Market, BoxTop\$ for Education, Concession Stand proceeds, Christmas Bazaar take, Collection can donations, Wrestling and Student Drama door proceeds.

State of Alaska Public Health Nurse Valerie Gosselin held instructional conversations with some 10th-12th grade students regarding adolescent development. She also administered Zoster Vaccines at the Senior Lunch Program and met with Mayor Skaflestad about Hoonah's Community Emergency/Disaster Response. Next fall, she'll be back for hearing & vision screening and thorough handwashing training.

Hoonah Parks and Rec update:

City of Hoonah Parks and Recreation are holding Adult Open Gym on a regular basis on Monday, Wednesday, Friday, and Saturday (5-7 p.m. women) and (7-9 p.m. men). Fees are collected nightly. FREE Open Gym for Kids is Saturday from 1-3.

The City of Hoonah's Pool/Natatorium should be open soon. Watch for a grand opening with the help of the Fun & Fit Partners: HIA, Youth Center, School, SEARHC Medical Center, etc.

William and Mary Johnson Youth Center Summer hours: Monday—Thursday 1:00 to 7:00/9:30.

Fri. & Sat. 1:00 to 7:00 (younger kids)

Fri.-Sat. open to 11:00 for age 12—18.

Closed Sunday

The 2016 Hoonah Fishing Derby!

Sponsored by: The City of Hoonah and the USDA Forest Service

Schedule of Events:

- Fun Run/Walk! Saturday, May 28th at 4:00pm- Kéidladee Park to the Cannery and back
- ❖ Fish Shirt Printing and Casting Contest! Thursday, June 2nd from 1:00-3:00pm-Kéidladee Park
 - Please bring your spare t-shirts to paint on, as ours may be limited in supply and size

26TH ANNUAL HOONAH KIDS FISHING DERBY"

Saturday, June 4th from 11:00am - 3:00pm at Icy Strait Point

- Fishing Derby! 11:00am- 2:00pm
- Lunch! 12:00pm- 1:30pm
- Clean-up! All day...Please be a good guest!
- Derby Prizes Awarded! At 2:30pm, MUST be PRESENT to WIN!

Parents interested in volunteering to help with these events, please contact Jack Ruggirello at 945-1225 at the Forest Service, or call the City Office at 945-3663.



Hoonah Bowl for Kids' Sake 2016

Our 12th Hoonah Bowl for Kids' Sake exceeded goals and expectations! Fifteen teams bowled in three sessions in our Alumni Gym on April 2nd. The four high fundraising teams were: Grizzly Girls, Hoonah Recyclers, Team Hoonah, and Bowl of Beans. Thanks to all who pledged our bowlers; your pledges entitled them to attend this bowling party...complete with prizes and pizza from Icy Strait Lodge.

Many volunteers deserve thanks for helping put on this event; some set

pins, kept score, hauled equipment, asked trivia questions, sorted and displayed prizes, decorated the bowling alley, etc. Gunalchéesh to Rory Schneeberger, Daphne Wright, Karen S. Mills, Cristi Godfrey, Paul Dybdahl, Bob Hutton, PJ Ford Slack, Glenda Hutton, Kelli Deitering, Teresa McConnell, Izaac Jacobsen, Corbin Harris, Treston Lafferty, Kali Harris, Brandon Flores, Ari Hinchman, Aja Marks, Eleanor Davenport, Amy Stevenson, Carrie Lindoff, Jermaine Johnson, Leif Gray, Bill, Fran, Will, and Davina Dalton.

Financial sponsorships came from Terry Miller and Deborah Hansen, Stephanie Harold, Marlene Duvall, Diane Bean, Hoonah Cold Storage, Hoonah Recyclers, Brown Bear Lodge, Glacier Winds Charters, F.I.S.H.E.S., Three Wolves Charters, LLC, F/V Vagabond Queen, Harbor Marine and Alaska Cruise Association.

In-kind donations came from businesses and individuals: Hill Fuel, Colette's Cupboard, Tideland Tackle and Marine, Hometown Cab, Hoonah Thrift Store, Alaska Seaplanes, Huna Outfitters and Café, Icy Strait Lodge, Mary's Restaurant, Icy Strait Point, Hoonah City Schools, Lorrie Scoles, Diane Bean, Daphne Wright, Karen S. Mills, Judy Brown, Rory Schneeberger, Jackie Dick, Dottie Johanson, Mary Beth Moss, Amelia Wilson, Kelli Deitering, and Marti Lee.

Next year's event will take place on Saturday, April 1, 2017...no foolin'! Contact grateful Community Director Sally Dybdahl at 209-9326.



More BBBS News:

We'll partner with ALPAR (Alaskans for Litter Prevention and Recycling) to do <u>almost</u> weekly litter patrols this summer. Please watch for signs about Thursday Troopers. There will be incentives and snacks involved.

BBBS of Hoonah is planning a picnic this summer to thank Hoonah for its continued support of our successful one-to-one mentoring program.

Statewide Raffle Ticket sales begin June 1 with the drawing in Anchorage on September 16th. The three valuable prizes are: 100,000, 50,000, and 25,000 Alaska Airlines Miles.

Thank you to Janet Taylor for her generous donation of \$150 in honor of family birthdays in April.

We congratulate all of the 2016 graduating seniors and especially thank Qiang Liu for being a Big Brother to Anthony since November 2013.



We had Earth Day City Clean up on Saturday, April 16th. Fifty-six signed in, donned ALPAR vests and gloves, and filled bags full of trash from all around town. Magically, the raindrops stayed away that fine spring morn. Partners in this project included: Hoonah Recyclers, Alaskans for Litter Prevention and Recycling, Big Brothers Big Sisters, U.S. Forest Service, City of Hoonah/William & Mary Johnson Youth Center, Hoonah Indian Association, and Alaska Marine Lines.

Lunch of hot dogs, chips, carrots, cookies, and cold drinks was enjoyed by all. Thanks to Glenda & Bob Hutton, Karen S. Mills, Daphne & Frank Wright, Sr., Diane Bean, Debbie Picken, Jamie Erickson, Paul & Sally Dybdahl, and BBBS



for donations. Prizes were awarded to all participants; thank you, Hoonah Recyclers. Several provided vehicles for rides and bag collections, Daphne Belarde Wright and Ron Klein took event photographs, and Mary Beth Moss, Karen the Great, and Jamie Erickson helped prepare and serve the lunch.

Listed here are all of the Clean-up volunteers. They will all be eligible for one FREE SWIM once the City of Hoonah's Pool opens again: Theodore Elliott, Ian Johnson, James and Jamie Erickson, Fisher, Kenny, Hunter and Arlen Skaflestad, Marlene Duvall, Jack Ruggirello, Marti Lee, Teresa and Shawn McConnell, Dash, Rowan, Royal, Abby, Archer and Cathy Huskey, Assunta Hill, Abigail Rose Stevenson, Judy Brown, Dodie Lunda, Gerred Garrison, John, Cecelia and Neta Thein, Terri Mills, Keira, Nakima, Atkaheen, Isaiah, Corbin and Tayla Budke, Bamby, Sheena, Lyle and Owen James, Leah and Mary Beth Moss, Amber and Keegan Malone, Daphne Wright, Sally Dybdahl, Karen S. Mills, Becky Hunnicutt, Jay Erickson, Bambi and Duane Jack, Jr., Anthony Johnson, Tanner Howland,

Riley Neal, Hannah, Otto and Marigold Lindoff, Hadyn Gallagher, Tatiana Jacobsen, and Kali Harris.

Gunalchéesh to Ron Klein for taking the panoramic picture of some of our clean up crew as we gathered for lunch afterwards.

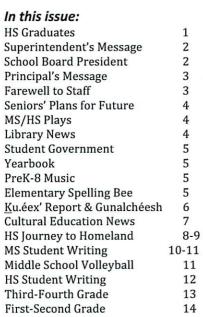
More BBBS News cont'd from page 18: Big Brothers Big Sisters hanging baskets have brightened Hoonah since the spring of 2005. Bigs, Littles, and others met the last week of school to plant this year's crop. Thanks to everyone who joined in the work party!



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Dates to Remember:

Fishing Week Fun Walk-Run	May 28	
Fishing Week Fish Printing	June 2	
Fishing Week Casting Contest	June 2	
Fishing Derby	June 4	
School Opens	August 17	
Thanksgiving Holiday	Nov. 24-25	
Winter Holiday	Dec. 19, 2016-Jan. 2, 2017	
Spring Break	March 20—24, 2017	

May 19, 2017







Last Day of School



Ku.éex' photos by Tesh Gray